

Dear Players and Parents,

We are very excited to begin our 7v7 Field Hockey League! We would like to remind players, parents, and spectators important information and expectations for our league. Please double check what team you are on, location of games, and what time your games are each week as it will vary.

What players should bring

Each player is asked to bring their Falcon FHC pinnie. This will make it much easier for the officials to make accurate calls on the field. Colors such as red, blue, pink, green, etc. make it difficult for officials to officiate properly.

Field players must bring a stick, mouthguard, shin guards, water, and proper footwear. Goggles are NOT required for this league. Goalies are responsible for bringing all of their protective equipment, mouthguards, water, and footwear.

Spectator and player expectations

Spectators and players are an important part of any athletic event and are expected to conform to accepted standards of good sportsmanship and behavior. Spectators and players shall at all times respect officials, coaches, fellow spectators, all players, and extend all courtesies to them. While positive cheering is encouraged, taunting, baiting, berating, screaming, shouting, foul and abusive language, inflammatory remarks and disrespectful behavior are not acceptable. We ask that you please give players, coaches, and officials their space by staying away from playing area. At the ***Superdome in Waldwick*** there are many areas to sit, and we kindly ask that you do so to give everyone adequate personal space. Some spectators have even brought their own folding chairs so feel free to do so. Please do not stand at the border of the field by the netting as it is stressful for players, coaches, officials, and fellow spectators.

We have coaches who have field hockey experience on each field giving feedback to players before, during, and after each game so please let them coach the athletes. The officials are human like the rest of us, and have to make decisions every few seconds to the best of their ability. Your personal feelings about a call or loyalty to a certain athlete or team should not impede with the spirit of positive play as the rules are enforced by the officials. We only want to foster a positive playing environment for our athletes to love the sport of field hockey and grow the game. Therefore, we kindly ask for your assistance and understanding with this matter. At the end of the day these are kids, this is a game, players, coaches and officials are human, safety and positivity come first, this is not the Olympics, **PLAY AND JUST HAVE FUN!**

Thank you,
Coach Eden